

NAME: _____

Year 5 Courses		1					
1.	Compulsory courses are partially entered.	H					
2.	Please carefully review the course calendar to assist with planning.	2					
3.	Decide upon up to 6 options and enter the complete code in the remaining spaces. Six courses allows students to maintain FULL-TIME status which is a requirement for students returning for the entire year. Three (3) courses must be taken by all students returning for only one semester to maintain FULL-TIME status.	E	N	G			
4.	Enter 2 ALTERNATES in the appropriate spaces. Choose alternates carefully, as they may be used in timetabling. Enter these in spaces 9 and 10.	3					
5.	All optional courses will be offered subject to sufficient enrollment. Enrollment in optional subjects could be limited by class size considerations.						
6.	No students will have spare on their timetable until 24 credits are completed. Both parental permission and administration approval are required.	4					
7.	Please indicate Year Four Timetable. Semester I _____ Semester II _____						
Note:	Student & Parent/Guardian signatures indicate a review of information on back of Option Sheet and agreement with choices. Students should consider Post Secondary planning when selecting courses for next year.	5					
		6					
		7					
		8					
		9					
		10					

For more information or assistance with any problems, feel free to call the Principal or the Guidance Office.

_____ Date Student Signature Parent /Guardian Signature

HOLY CROSS CATHOLIC SECONDARY SCHOOL-PLANNING SHEET

	GRADE 9	GRADE 10	GRADE 11	GRADE 12
1.	Religion	Religion	Religion	Religion
2.	English	English	English	English
3.	Mathematics	Mathematics	Mathematics	_____
4.	Science	Science	_____	_____
5.	Geography	History	_____	_____
6.	French	Civics/Careers	_____	_____
7.	_____	_____	_____	_____
8.	_____	_____	_____	_____

REQUIRED COURSES

4 Religion - one each year between grades 9 and 12

COMPULSORY COURSES

4 English (1 credit per grade)

3 Mathematics (at least 1 credit in Grade 11 or 12)

2 Science

1 French as a Second Language

1 Canadian Geography

1 Physical & Health Education

*A maximum of 2 credits in Cooperative Education can count as compulsory credits

1 Canadian History

1 Civics & Career Studies

1 of Grade 11 or 12 Science OR Grade 9 - 12 Technology or Cooperative Education*

1 of English OR a third language, Native Studies OR Social Sciences & Humanities OR Canadian and World Studies OR Guidance & Career Education, or Cooperative Education*

1 of Physical and Health Education OR Arts OR

Business/Entrepreneurial Studies or Cooperative Education*

1 Arts

ELECTIVE COURSES - 8 credits - students select their elective courses from year to year

TOTAL = 30 credits

POST SECONDARY DESTINATIONS

Check one or more of the following destinations you are considering when you complete High School:

1) Work _____ 2) Apprenticeship _____ 3) College _____ 4) University _____

List 5 possible occupational choices you are considering following High School or list as many as you can.

To help you in choosing your Post Secondary destination, please be reminded you can consult a number of resources:

www.careercruising.com - site has an interest questionnaire along with school/program information and specific career information.

User name is holycross. Password is bell.

www.schoolfinder.com - site is a guide to schools, scholarships and careers.

www.earnwhileyoulearn.ca- apprenticeship resources for High School students

www.ontariocollegeoftrades.ca- apprenticeship information for the trades

www.gotocollege.ca – designed to assist student & parents with info & provides links to institutional websites

www.ocas.on.ca - site has information on Ontario's Community Colleges

www.electronicinformation.ca "e-info"- information on Ontario University programs, prerequisite courses and admission averages.

www.pennybissett.org - educational options beyond, ie. Australia, England, Ireland, Scotland, U.S.

www.red-seal.ca - provides greater mobility across Canada for skilled workers - info on apprenticeship & trades.

www.studentawards.com & www.scholarshipscanada.com - access to thousands of scholarships, bursaries etc.

www.osap.gov.on.ca - student loans, Millennium bursaries, on-line application & program & school selection advice.

www.ontransfer.ca - transferring from College program to University, program/agreements search.

www.jobfutures.ca - designed to help make informed educational, employment & career decisions.

www.canlearn.ca - info about planning & paying for your education

www.myfuture.ca - government sponsored - post secondary career decisions

www.youth.gc.ca - Youth Canada (education, employment & more)

www.ammsa.com/ammsabursary.html - Aboriginal Scholarships/Bursary Guide

Please Consider: 1) Your own choices, not friends. Negotiate with parents! 2) Plan for success & work towards it. 3) Keep as many doors open as possible, research courses, talk to teachers who have taught the subject to get information. 4) Take some things for experience & fun. 5) Hand in Option Sheet on time, pay your fee, choose your alternates carefully.

Specifically Then: 1) Consider above information 2) Go over entire course calendar. 3) Make a list of all the courses you want. 4) Review and add / delete to produce final selections.